



# NEWS RELEASE

## U.S. TRACK & FIELD ATHLETE, ELLENWOOD, ACCEPTS TWO-YEAR SUSPENSION FROM USADA

**Colorado Springs, Colo. (January 28, 2010)** The United States Anti-Doping Agency (USADA) announced today that Garfield Ellenwood, an athlete in the sport of track and field, has accepted a two-year suspension for violating the applicable sport anti-doping rules, including the International Association of Athletics Federations ("IAAF") Rules and the World Anti-Doping Code ("Code"). Mr. Ellenwood's anti-doping rule violation was based on evidence obtained by USADA as a result of an investigation, and included Mr. Ellenwood's admissions of using prohibited performance enhancing substances.

Ellenwood, 35, accepted a two-year period of ineligibility for his doping offense involving the use of prohibited performance enhancing substances, including anabolic agents and hormones. In addition to his suspension, which began on January 25, 2010, all of Ellenwood's competitive results will be disqualified, including forfeiture of all medals, points, and prizes since November 3, 2001.

In an effort to aid athletes, as well as all support team members such as parents and coaches, in understanding the rules applicable to them, USADA provides comprehensive instruction on its website on the testing process and prohibited substances, how to obtain permission to use a necessary medication, and the risks and dangers of taking supplements as well as performance-enhancing and recreational drugs. In addition, the agency manages a drug reference hotline, conducts educational sessions with National Governing Bodies and their athletes, and proactively distributes a multitude of educational materials, such as the Guide to Prohibited Substances and Methods, easy-reference wallet cards, periodic newsletters, and protocol and policy reference documentation.

*USADA is responsible for the testing and results management process for athletes in the U.S. Olympic and Paralympic Movement, and is equally dedicated to preserving the integrity of sport through research initiatives and educational programs.*

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